

## **SPRING NEWSGRAM 2023**

In fiscal year 2021-2022, Center for Domestic Peace assisted thousands of individuals impacted by domestic violence:

**8,956:** Hotline calls answered (in both English and Spanish), 24 hours a day, 7 days a week. We provided crisis intervention, safety planning, emotional support, referrals, and information. **24,941:** Total number of bed nights of emergency shelter and transitional housing for 97 adults and 149 children, along with personal and economic empowerment activities, food, clothing, transportation, accompaniment, group therapy, childcare, and help securing permanent housing.

## Educated **113** men through ManKind and



**40** women through WomanKind/Mujer Gentil to teach them skills to stop their violent behavior.



**469:** Individuals provided with advocacy within the civil and criminal justice system, improving victims' ability to achieve effective results with restraining orders, police reports, and more.

**135:** Children and their non-abusing parents provided with individual therapy and "In This Together" child/parent therapy to heal the trauma caused by witnessing domestic violence and to build family unity. **53:** Youths, teens, and young adults provided with age-appropriate services through Marin Youth Services.



**22,507:** Community members educated through outreach events.



147 volunteers donated 4,273 hours of their time, the equivalent of 1.98 full-time staff. **2,877:** Professionals, community members, youth service providers, and prevention specialists trained.



## **Taking A Second Step: From Surviving to Thriving**

Fear of homelessness can be a terrifying barrier to leaving abusive relationships. Understanding this reality led to C4DP starting the nation's first transitional housing program for domestic violence survivors in 1983. Our program has grown to include 21 units of transitional housing with extensive economic empowerment and uniquely population-specific supportive services, serving approximately 30 women and 70 children annually.

Second Step helps residents build their self-sufficiency after the devastating impact of domestic violence through a comprehensive range of support services where they learn to manage their families' finances, work toward securing better paying jobs as head of their household, and secure affordable permanent housing at program exit. The program helps survivors address factors that place them at risk for long-term poverty, including the ability to obtain a job, earn a living wage, and successfully maintain economic independence and stability. Through counseling, case management, and peerto-peer support, they dismantle learned gender role training that has kept many survivors from reaching their full potential.



Second Step has a proven track record of helping survivors secure permanent housing, improve their employment, and increase their income. Last fiscal year, 100% of exiting survivors secured permanent housing, 82% increased their income, and 100% remained independent from their abuser.

To learn more about Second Step, scan the QR code



## Staying Safe in the Digital World



With constant advances in technology, society has become increasingly digitized. While this technology has impacted how we work, shop and socialize, it has also opened new avenues for abusers to victimize their partners. From monitoring and controlling accounts to online stalking and harassment, domestic violence has entered the digital age. At Center for Domestic Peace, we are meeting these new challenges through our advocacy with survivors on how to protect themselves in this increasingly complex digital world.

Here are a few tips to keep safe:

1. When using websites with data you want to protect, be smart with security questions. Use an incorrect answer the abuser could never guess.

2. Blur your home on Google Maps. Find your home in Street View, find "Report a Problem" on the bottom, and follow instructions.

3. Remove personal information, images, and more from when people search your name on Google. Go to Google Help Center and "request to remove personal information".

4. Watch out for tiny tracking devices dropped into your personal items like bags or clothing. If you have an Apple device, and receive an alert, check your 'Find My' app and look under 'Items'. If you feel you are being tracked, check your car, pockets, and bags for these tiny trackers that are increasingly being used for stalking.



If you believe that you or someone you know is a victim of Tech Abuse, contact our 24-hour hotline at 415-924-6616. Visit our webpage for more resources and information or scan the QR code to the right.

FOR DOMESTIC PEACE Working Together to End Domestic Violence 24-Hour English/Spanish Hotline 415-924-6616 ManKind Program, M - F, 9 am - 5 pm 415-457-6760 Marin Youth Services Text Line, M - F, 9 am - 5 pm 415-526-2557

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