

Marin Youth Services

**TEXT
LINE**

415-526-2557

Accessible & Available

Monday - Friday

9am - 5pm

**CENTER FOR DOMESTIC
PEACE®**

CENTER FOR DOMESTIC
PEACE®

ARE YOU WALKING ON EGGSHELLS?

Feel this way in your relationship?

We can help.
Call our confidential helpline.

415-924-6616



IN THIS TOGETHER

Therapy for Children & Their Survivor Parents

Get paid
\$500 for
attending 10
sessions in a
row!

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Contact Case Manager:

(Bilingual English/Spanish) 415-526-2553



You don't need a police report or restraining order to access Center for Domestic Peace's emergency shelter.

415-924-6616

**CENTER FOR DOMESTIC
PEACE®**

Working Together to End Domestic Violence



VIRTUAL

**Domestic Violence
Support Groups**

415-457-2464

English/Spanish

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MANKIND

**A program for men to
stop abusive behavior.
Classes are held
online.**

415-457-6760

COMMUNITY RESOURCES



[C4DP.ORG/RESOURCES](https://www.c4dp.org/resources)
#MARINCOMMUNITYRESOURCES

CENTER FOR DOMESTIC
PEACE®

Become a **Domestic Violence Advocate** with 40-Hour Training!



Email Jackie Palacios,
Learning and Training Manager:
jpalacios@c4dp.org

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myth

Women who dress provocatively and go to bars are at fault if they are sexually assaulted.

vs

fact

Any form of sexual aggression is a violent crime committed against a person. Only the perpetrator is responsible for the crime, never the victim.

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Working Together to End Domestic Violence

24 hour helpline: 415.924.6616

centerfordomesticpeace.org

**Are you afraid that you're
hurting the one you love?**

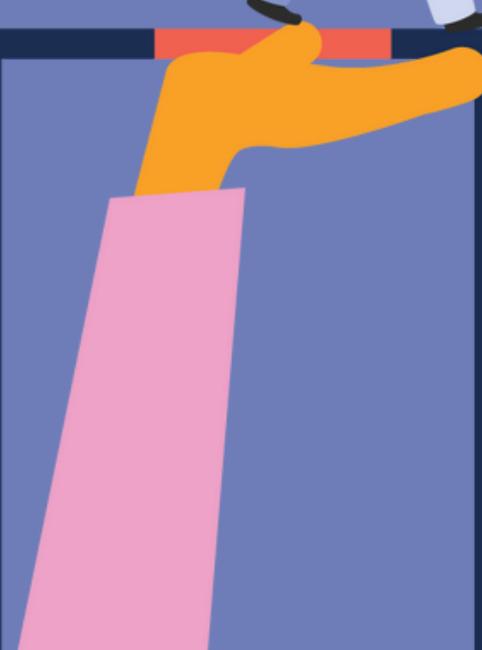
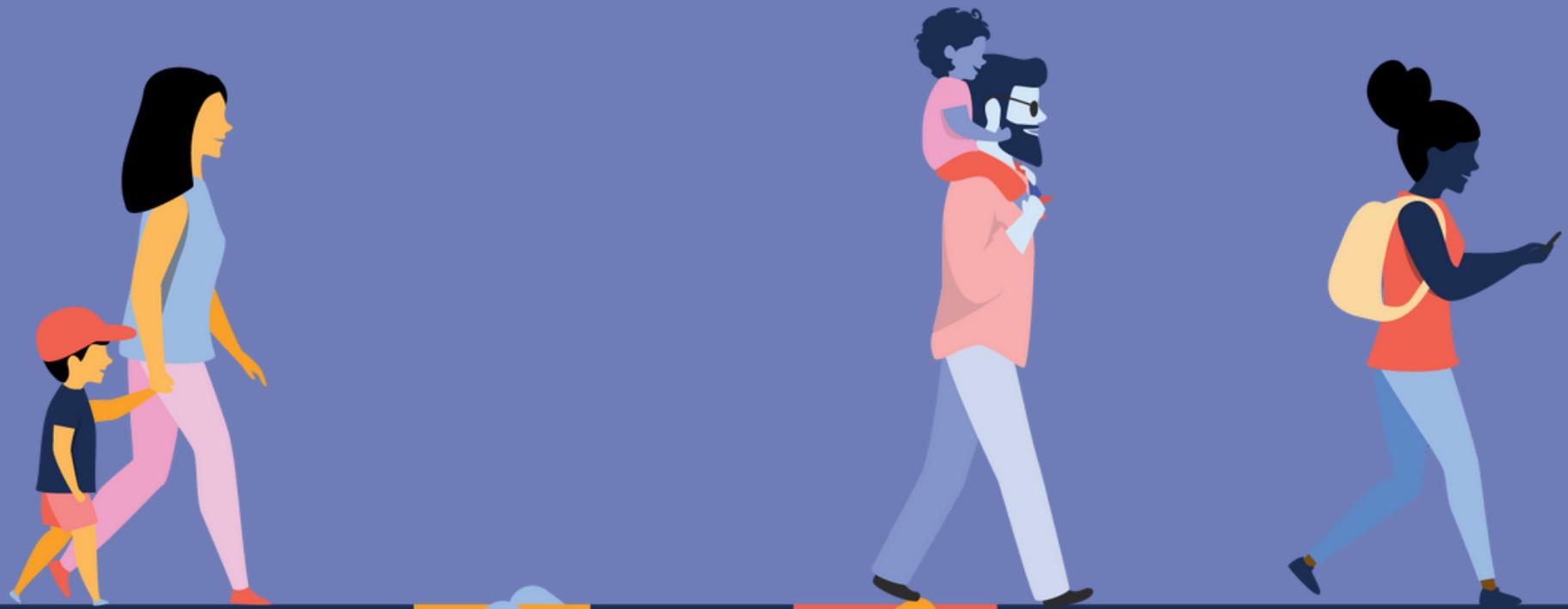


ManKind and WomanKind classes are online.
Call today. You are not alone:

415-457-6760

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COMMUNITY RESOURCES



C4DP.ORG/RESOURCES
#MARINCOMMUNITYRESOURCES

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**Do you feel afraid
and unsafe in
your relationship?**

You are not alone.

**24/7 Helpline:
415-924-6616**

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Domestic violence is the most frequent violent crime in Marin County. Want to learn more and how to help?

Contact C4DP

415-924-6616

Did you know?

There are several types of abuse:

- Physical Abuse
- Emotional Abuse
- Economic Abuse
- Verbal Abuse
- Spiritual Abuse
- Cyber Abuse (Stalking)
- Sexual Abuse
- Strangulation

Sexual Violence

Sexual violence is talking about sex when you don't want to or using sexual words or sexual name calling that you don't want to hear.

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Spiritual Abuse

A woman with dark hair, wearing a light blue long-sleeved shirt and light-colored pants, is sitting on a dark bench. She has her hands pressed against her ears and a pained, distressed expression on her face. The background is a blurred blue fabric.

Spiritual abuse includes putting down your spiritual beliefs and customs or denying practice.

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Physical Abuse

**is any abuse done to
you or around you.**

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Economic Abuse

**occurs when your
financial resources are
controlled by another.**

Verbal Abuse

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Thingafying describes being called a name that makes you feel like an object. These can be profane words or insults such as filthy, lazy, nasty, or stupid. Thingafying makes it easier for the violence to be committed.



Sexual Abuse

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**Sexual abuse is sexual behavior that crosses your
boundary without permission**





It's a basic human right...

freedom to be safe,
freedom to be equal,
freedom to express,

freedom from domestic violence

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A close-up photograph of a man with a beard and a backward cap smiling and hugging a young girl. The man has a tattoo of an eye on his shoulder. The background is a blurred outdoor setting with a fence and trees.

When fathers teach
equality as a basic
human right...

we learn that power **with**,
not power **over**,
unifies a family.

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Working Together to End Domestic Violence

EVERY1KNOWSSOME1



1in4

WOMEN

1in7

MEN

**will experience
domestic violence in
their lifetime.**

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PEACE.**

Would you recognize these behaviors as abusive?

Put downs and name calling

Humiliating them in front of others

Making them feel guilty or blaming them for the abuse

Behaviors and comments to erode their self-esteem

Preventing them from spending time with family and friends

Playing mind games

**Domestic violence isn't just physical.
Learn the signs of abuse.**

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Controlling behavior isn't romantic.
Learn the signs of abuse.

*Where are you? I've called 10 times.
Who are you with? Answer me!*

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EVERY1KNOWSSOME1

EVERY1KNOWSSOME1



Domestic Violence thrives in Silence

Support survivors
and keep the
conversation
going.

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