IS YOUR LIFE IN DANGER?

THE GREATER THE NUMBER OF INDICATORS BELOW THAT ARE PRESENT, THE GREATER THE LIKELIHOOD OF A LIFE THREATENING ATTACK.

☐ Has the abuser threatened to kill you, the children, your relatives or himself? *Prior threats to kill is one of the strongest risk factors consistently linked to homicide*

☐ Has the abuser expressed ideas, dreams or fantasies about killing you, the children, your relatives or himself? *The risk is greater if the abuser is very specific about his plans or intended methods.*

☐ Has he made more than one threat? Daily? Monthly?

☐ Is there availability of or past use of weapons (guns, knives, etc) *Access to a gun or knives is strong indicator of homicide risk.*

☐ Has the abuser ever used his hands or an object to choke, strangle or suffocate you? *These are high risk factors for homicide*

☐ Does the abuser express ownership of you (“You can never leave me”; “If I can’t have you no one else can”; “Death before divorce”)?

☐ Does your partner depend heavily on you to organize and sustain his life; idolize you; isolate himself and you from all other aspects of community life?

☐ Has there been stalking, hostage-taking, abduction or separation violence?

☐ Has there been escalation of the abuser’s violence or risk behavior. *Often increases prior to attempting homicide.*

☐ Is there frequent use of alcohol or drugs?

Contact law enforcement if you have been threatened.

**Center for Domestic Peace Hotline (English) 415-924-6616 (Spanish) 415-924-3456 or (National Hotline) 800-799-7233**