

Warning Signs of Unhealthy and Unequal Relationships

SUPERIORITY: The primary characteristics of an abusers.

- Do they tell you what to do?
- Make most of the decisions?
- Do all the talking?
- Blame you?
- Are critical of you?
- Give you an 'allowance'?
- Tell you what to wear?

POSSESSIVENESS: They think they own their victim, even after separation.

- Are they jealous & possessive?
- Do they check up on you?
- Accuse you of cheating?
- Want you all to themselves?
- Put down your friends and family?
- Scare you?
- Make you afraid of their reactions?
- Pressure you to have sex whether you want to or not?

UNEQUAL: Have rigid and unequal gender role expectations.

- Expects the women/femme identified person to do the shopping, cooking and cleaning.
- Expects the men/masculine identified person to be tough and strong.
- Expects the women/femme identified person to be inferior and submissive.
- Expects the women/femme identified person to obey.
- Expects the men/masculine person to be the king of the household.

