Warning Signs of Unhealthy and Unequal Relationships

SUPERIORITY: The primary characteristics of an abusers.

• Do they tell you what to do?
• Make most of the decisions?
• Do all the talking?
• Blame you?
• Are critical of you?
• Give you an ‘allowance’?
• Tell you what to wear?

POSSESSIVENESS: They think they own their victim, even after separation.

• Are they jealous & possessive?
• Do they check up on you?
• Accuse you of cheating?
• Want you all to themselves?
• Put down your friends and family?
• Scare you?
• Make you afraid of their reactions?
• Pressure you to have sex whether you want to or not?

UNEQUAL: Have rigid and unequal gender role expectations.

• Expects the women/femme identified person to do the shopping, cooking and cleaning.
• Expects the men/masculine identified person to be tough and strong.
• Expects the women/femme identified person to be inferior and submissive.
• Expects the women/femme identified person to obey.
• Expects the men/masculine person to be the king of the household.

STOP